

7th Force Support Squadron Flight Meal Order Form

FLIGHT MEAL MENU			
Menu Choices			Ingredients
1	The B-One	Ham & Turkey Sub	Sub Roll (White), American and Swiss Cheese, Ham and Turkey, Lettuce, Yellow Onions, and Tomatoes
2	The Big Herk	Ham & Cheese Sub	Sub Roll (White), Swiss Cheese, Ham, Lettuce, Yellow Onions, and Tomatoes
3	The Abilene	Turkey & Cheese Sub	Sub Roll (White), Yellow American Cheese, Turkey, Lettuce, Yellow Onions, and Tomatoes
4	The Bomb Shelter	Buffalo Chicken Wrap	Chicken breast, Lettuce, Red onion, Buffalo Wing Sauce, and Blue cheese
5	The Striker	Chipotle Chicken Sandwich	Ciabatta Bread, Boneless Chicken Breast, Romaine Lettuce, Tomatoes, and Chipotle Mayonnaise
6	The Longhorn	Breaded Chicken Strips	Breaded Chicken Tenders w/ Honey Mustard Dipping Sauce
7	The Refresh	Chef Salad	Lettuce, Cabbage, Peppers, Celery, Cucumbers, Eggs, Tomatoes, Chicken, Garbanzo Beans, and Shredded Cheddar Cheese
8	The Ace	"Uncrustables" Sandwiches (2)	Welches Peanut Butter & Jelly Uncrustable
9	The BTF	Turkey & Bacon Croissant	Croissant, Turkey, Bacon, Swiss Cheese, Romaine Lettuce, Tomatoes, and Mayonnaise
10	The Lift	Ham & Cheese Croissant	Croissant, Ham, and Yellow American Cheese
11	The Ave B	Cereal w/Milk (1 ea)	Cereal of your choice w/1% White Milk
ORDER INSTRUCTIONS:			
1. Fill out the Flight Meal Order Form 2. Email order form to 7 FSS/Longhorn DFAC at 7FSS.Longhorn.DFAC@us.af.mil <u>NLT 24 hours of need by date for less than 30 meals</u> and <u>NLT 48 hours for more than 30 meals</u> 3. A confirmation email will be sent upon receipt of order. If you do not receive a confirmation email within 12 hours, please call (325) 696-2421 to confirm your order 4. Bring a copy of the order form upon pickup. All cash payments are due upon pickup; NO RAINCHECKS			
Meal Pickup Locations: Monday - Friday: The Lift Kiosk 0600 - 1830 hrs Saturday- Sunday: The Longhorn DFAC 0730 - 1800 hrs Sunday-Thursday (Midnight Meal Time/Longhorn DFAC): 2300 – 0130 hrs			
<i>Note: All menu choices are available regardless of requesting meal period. Changes to menu items may occur due to inventory stock levels. We will notify you of any required changes prior to pickup</i>			



Supplement 1

Soda (20 oz), Chips (1.5 oz),
Nutrigrain Bar, Fruit

Supplement 2

Gatorade (20 oz), Nutrigrain Bar,
Veggie Cup, Fruit

Supplement 3

Water (16 oz), Hummus & Pretzel,
Chips, Fruit, Granola Bar

Supplement 4

Fruit Juice (10 oz), Fruit, Boiled
Eggs (2), Nutrigrain Bar

Check out additional FSS
programs at dyessfss.com and
subscribe to our 7 FSS
Newsletter today!

